



# BONDI SHIN

Hanshi Taylor's Branch – Bondi Junction Dojo Newsletter – shiantaylor@ozemail.com.au  
April 2013 IKO-Matsushima Organisation - From Hanshi Taylor's Dojo  
**Family is the only true wealth:**

## Hanshi's travels – Montreal Canada

I have just returned from a great trip to Canada for the *Shihan* Roman Open Canadian Championships. I arrived early on Thursday and spent the rest of the day and night relaxing. On Friday we held a seminar at one of *Shihan* Roman's dojos, which without doubt is one of the best dojos I have ever seen. It has about 300 square metres of training area as well as a smaller training area at the side. The dojo is complete with changing rooms and showers, if that is not enough; he has another dojo on the other side of Montreal almost as good (some have all the luck). The seminar went well with a big turnout. Saturday was the tournament day. Even with five fighting areas it took all day to get through the bouts. The full contact divisions were held in the evening with some exciting fights and demonstrations. Overall, the fighters were of good quality with some very talented female fighters in the mix. *Shihan* Cruz brought a very good fighter from the USA, it would seem the build up for the 2014 World Weight Division Championships is well under way and no doubt we will see good teams from both the USA and Canada. Sunday had us back in the dojo with several sessions lined up starting with the children's class leading up to the older kids, then on to the junior grades and ending up with a senior grade class. *Shihan* Rex and I took turns in taking the sessions which gave the students some different styles of teaching and training, which was very interesting way of training for the students and seemed to be a big hit.

Over-all a great trip with a good quality and well run tournament by *Shihan* Roman and the Oharan brothers, some good training, but better we do not mention how "cold" it was.  
*Hanshi*

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[chasnaharper@gmail.com](mailto:chasnaharper@gmail.com) to arrange a time.

## The Shogun:

In 1185, the Minamoto Clan established a military rule after defeating the Taira clan. The head of the clan, Minamoto Yoritomo, became the first Shogun or military ruler. This began the rise of power to the Shogunate and the beginnings of Emperor's that were little more than figureheads until the year 1852 when Meiji began his rule. In 1867, the last shogun, Tokugawa, was forced to resign. The first Tokugawa Shogun was Tokugawa Ieyasu who was born in 1542 to Matsudaira Hirotada, a noble in the Mikawa clan. His name at birth was Matsudaira Takechiyo. Matsudaira Hirotada was a very astute person who spent his life trying to keep one step ahead of the other clans by playing one clan's politics against the others. Because of his father's politics, Tokugawa Ieyasu had spent his childhood as a prisoner of the Imagawa. While this was not uncomfortable, he was treated well, he was a prisoner and spent many long years without freedom. When the leader of the Imagawa was killed in battle, he was released from his bond. When he became an adult, he received the

name Matsudaira Motoyashu and he returned to the Mikawa clan where he fought a number of battles with the Oda clan. He also fought the Takeda clan and defeated them. Because of this defeat, he gained the ownership of the Suruga Province. He continued to battle the clans for more land, later gaining the provinces of Kai, and Shinano. During the siege of Odawara, he was offered an exchange of provinces by Hideyoshi. Ieyasu would give up the five provinces he had in exchange for the eight provinces of Kanto. In 1566, having gained a name for himself on the battlefield, he petitioned the court to allow him to change his name to Tokugawa Ieyasu. That is why he does not share the same last name as his father. He even went so far as to claim that he had different bloodlines than he was born with. He fought many battles against Toyotomi Hideyoshi who was in power. Tokugawa fought on the side of the rightful Oda heir, Nobukatsu. When Nobukatsu signed a truce with Toyotomi Hideyoshi, there was no longer a reason to fight. It was an uneasy truce, but it established him in the service of Toyotomi. He assisted him in his government until the death of Toyotomi Hideyoshi. On his death bed, Toyotomi Hideyoshi named Tokugawa Ieyasu as one of the five Regents to his heir. Upon the death of Hideyoshi, Tokugawa Ieyasu immediately began working toward preventing the heir from ever taking his rightful position. At the Battle of Sekigahara, one of the greatest battles in Japanese history, he fought the other Regents that he did not have an alliance with. His victory assured him leadership. He was proclaimed Shogun in 1603, but was Shogun for only two years. After only two years, he stepped down so that his youngest son, Hidetada could take over. (He had a total of three sons; the first son had ordered to commit suicide when his father suspected that he was in league with a rival clan. His second son had been given to Toyotomi Hideyoshi to be adopted to cement their alliance. So it was his third son who became his legal heir. He did not go into retirement peacefully. During this period when he ruled, he issued an edict which limited the power of the Nobility, as well as a Christian Expulsion Edict. He also fought several battles. This resulted in the powers of the Daimyo being reduced severely. They were required to get the Shogun's permission for almost every day details of life. They also had to have a representative of the family live at court at all times, in effect as a hostage for the family's behavior. But, on the positive side, there was an emphasis on education and cultural advancements. Japan became isolationists, throwing out all foreigners and not allowing their citizens to have contact with foreigners. The traditional religion Shinto was revived and Buddhism became more popular. In 1853, the last of the Tokugawa Shogun's signed a treaty with a foreign power and opened Japan back up. That move was unpopular and he was forced to resign from his office in 1867, thus ending the power of the Shogun and returning power to the Emperor.



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**"Bondi Junction Kyokushin karate"**

Join the Bondi Junction dojo on Face book friends. Or my facebook page at <http://www.facebook.com/hanshi.taylor>

***The greatest compliment you can give is to refer us to your family and friends. Thank you for your trust.***

### New South Wales Full Contact Championships:

Due to a venue problem, we are forced to hold the NSW Full Contact on the 2<sup>nd</sup> June, subsequently we have moved the winter grading to the 27<sup>th</sup> May, however as the 2013 NSW Full Contact Championships is very close to the tournament, the AKKA have decided that all fighters who are in the 2013 NSW Full Contact Championships, will be excused the fighting section of the grading. It was felt that fighting in the grading so close to the tournament, could be detrimental to the student,

Shin: <http://www.akka.com.au/newsletters/Shin201303.pdf>

Bondi Shin:

<http://www.easternsuburbskarate.com.au/BondiShin/BondiShin201303.pdf>

### Congratulations and a happy birthday to:

Hamish Begg – Bobby Fray – David Baylis – Ruben Rubio  
Mathieu Boulanger – Harvey Green – Samantha Watkins  
Alexander Kapos – Pemelia Tunekasia - Evangelene

### Jargon buster –

Ceil lipids

Large fat molecules in cells, most of which are used for building the delicate cell walls

### Recommended Authentic Japanese Restaurants:

#### “BUSSHARI”

119 McLeay Street Potts Point Ph9357455

#### “KUJIN”

41b Elizabeth Bay Road Elizabeth Bay Ph: 93897531

### Quote of the month:

"Obstacles are those frightful things you see when you take your eyes off your goal." - Henry Ford -

### Welcome to the new Bondi Junction Members:

Maxim Brooks – Pamela Tunekasia – Nathan Jessiman

### Welcome back:

It is great to have Clem Terrace back at training after a long absence to have a baby. Both Clem and the baby are doing very well and Clem is still looking good...

### 2013 Special: 2006 World Championships:

Two days of knock-down fighting in a boxed set of five DVD's a great package of exciting bouts. Hailed as the best Full Contact Weight Division tournament ever.

**Cost: \$30.00 (including postage within Australia)**

### Healthy treats - Pink Salmon Salad - Ingredients

425g tin red salmon, broken into chunks

1 small Spanish (red) onion, chopped

1 tsp fresh parsley, chopped

2 medium carrots, roughly chopped

2 celery stalks, roughly chopped

1/2 red (or green) capsicum, roughly chopped

1/4 cup lemon juice

Oil-free French or Italian salad dressing to taste  
salt and pepper to taste

### Method:

1. Place all ingredients in a large mixing bowl and mix thoroughly

2. Serve either cold or hot over white rice, or with a dry baked potato

### 2013 NSW AKKA & IKO-Matsushima Calendar

3<sup>rd</sup> May National camp Queensland

12<sup>th</sup> May AKKA Ballarat Open Country Championships

27 <sup>th</sup> May	Bondi Junction under green belt grading
2 <sup>nd</sup> June	NSW Full Contact Championships
23 <sup>rd</sup> June	NSW Individual Non Contact
3 <sup>rd</sup> August	Australia Open Non Contact Championships
4 <sup>th</sup> August	Australian Open Full Contact Championships
13 <sup>th</sup> – 15 <sup>th</sup> Sept	New South Wales Camp & Grading
16 <sup>th</sup> September	Bondi Junction under green belt grading
28 <sup>th</sup> & 29 <sup>th</sup> Sept.	New Zealand National Championships
2 <sup>nd</sup> & 3 <sup>rd</sup> October	Chinese Championships (Nanjing)
3 <sup>rd</sup> November	NSW Non Contact Teams and kata
1 <sup>st</sup> December	NSW Country Championships (Full & Non Contact) Griffith
2 <sup>nd</sup> December	Bondi Junction Under Green Belt Grading
22 <sup>nd</sup> December	Last training session Bondi Junction

### Bad joke of the month:

ATTORNEY: Doctor, before you performed the autopsy, did you check for a pulse?

WITNESS: No.

ATTORNEY: Did you check for blood pressure?

WITNESS: No.

ATTORNEY: Did you check for breathing?

WITNESS: No.

ATTORNEY: So, then it is possible that the patient was alive when you began the autopsy?

WITNESS: No.

ATTORNEY: How can you be so sure, Doctor?

WITNESS: Because his brain was sitting on my desk in a jar.

ATTORNEY: I see, but could the patient have still been alive, nevertheless?

WITNESS: Yes, it is possible that he could have been alive and practicing law

### Bondi Shin Contributions:

If you have something for the Bondi Shin, either a birthday, and event, an interesting article or even your business to promote, feel free to send it in. We especially like supporting each other business's, after-all, that is what are friends for!

### Kyokushinkai:

"Kyokushin" is the name of our karate style and is comprised of two words, "Kyoku" (ultimate) and "Shin" (reality). When we refer to the association, we say Kyokushin Kai, "Kai" meaning, join or associate.

The official dogi, which is usually called a "gi" (karate uniform) used by a Kyokushin practitioners has the word Kyokushinkai embroidered on the left side of the dogi-jacket (over the heart), this is Japanese calligraphy, called "Kanji".



The internationally recognized symbol of Kyokushin Karate, the Kanku, originates from the kata Kanku.

### Dojo rules:

When entering or leaving the Dojo, stand in the doorway, face the front, bow and say "Osu". This represents a mark of respect for the Dojo and the people in it.

If late for training, kneel at the side of the class, facing away in "seiza" (formal kneeling position). When the instructor acknowledges you, stand up, turn to the front, bow and say "Osu", then quickly join the back of the class.

Try not to be late, **however we take the view "better late than never"**

Do not eat, drink, smoke or chew gum in the Dojo.

***The greatest compliment you can give is to refer us to your family and friends. Thank you for your trust.***